

Heartland Premedical Conference

September 23, 2023 | Marian University



next gen
osteopathic physicians
program

Presented by

MARIAN UNIVERSITY
— Indianapolis —[®]
College of Osteopathic Medicine

DES MOINES 
UNIVERSITY
MEDICINE & HEALTH SCIENCES

 **Kansas City**
University

ATSU | **A.T. Still**
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Alumni Hall

7:30 a.m. – Check In

8:15 a.m. – Breakfast

9 a.m. – Welcome to Heartland Premedical Conference!

9:15 a.m. – MU-COM Dean Amanda Wright, DO

Welcome to the 2023 Heartland Premedical Conference! We're so happy you're here and hope today's conference will help you better understand how to get into and succeed in medical school. Connect with current osteopathic medical students and explore Marian's Osteopathic Manipulative Medicine Lab, the Browning Anatomy Lab, and the Hill-Rom Simulation Center. You will walk away with a better understanding of your educational path and a plan for your future career as an osteopathic physician.

You will be able to connect with some of the nation's leading osteopathic medical schools in our Exhibitor's Hall.

Remember to **choose your breakout sessions** before 10 a.m.

Michael A. Evans Center For Health Sciences

10 a.m. – Session 1

- Anatomy Lab Tour and Explanation Anatomy Lab (basement)
- Army Tent Room 130
- Army Suture Clinic Room 131
- AACOMAS 101 Lecture Hall 2
- Graduate and Post Baccalaureate Programs Options Lecture Hall 1

Panelists: Julia Hum, Ph.D., Amanda Selby, Ed.D., Valerie Brown, M.A., and Jill Harman, M.Ed.



10:45 a.m. – Session 2

- Army Tent Room 130
- Army Suture Clinic Room 131
- MCAT Essentials: What to Know Before Starting Your MCAT Prep Lecture Hall 1

Success on the MCAT starts with knowing what to expect and how to prepare effectively. In this session, MCAT expert Amanda Brem will coach you through everything you need to know before starting your prep. We will cover the structure of the test, content and skills required on the MCAT, expected study timelines, and what to consider when planning your exam date. Bring your MCAT questions for the Q&A portion!

- Research in Osteopathic Medicine Room 126
- Admissions Panel: Ask the Experts Lecture Hall 2

Panelists: Clint Whitson, Ed.D., Jill Harman, M.Ed., Anna Cruz, and Austin Gentry, M.A.

11:30 a.m. – Ask the DOs Panel Lecture Hall 1

Moderated by MU-COM Dean Amanda Wright, DO

Panelists: Anthony Martin, DO, David Williams, DO, Clif Knight, MD, and Jeremy Jones, DO

12:15 p.m. – Lunch and Current DO Student Panel Lecture Hall 1

Panelists: Paul Cooke, OMS-4, Matt Turton, OMS-4, Katie Geric, OMS-3, and Alyssa Ritter, OMS-3



1:15 p.m. Session 3

Building an MCAT Study Plan Lecture Hall 2

So, you're ready to start studying for the MCAT – now what?! In this session, MCAT expert Amanda Brem will teach you how to build an effective MCAT study plan. This is a workshop-style session, where we will work together to decide on your MCAT 'Macroplan' and build a sample weekly study schedule. We will also cover where to find various MCAT resources in this session.

Interviewing 101: Styles and Strategies Lecture Hall 1

Wellness and Well Being Room 126

Code Simulation Demo Room 224

Osteopathic Manipulative Medicine Demo OMM Lab (basement)

2 p.m. – Meet the Exhibitors. Refreshments provided. Atrium

2:45 p.m. – Session 4

- OMM Demo. OMM Lab (basement)
- AACOMAS 101 Lecture Hall 1
- Code Simulation Demonstration Room 224
- Admissions Panel Lecture Hall 2
- Wellness and Well Being Room 126

3:30 p.m. – End-of-day Wrap-up Lecture Hall 1



Morning Advisor Track

All advisor sessions are located in rooms 104 and 105.

10 a.m. – Ask the DOs Panel, Moderated by Dean Amanda Wright, DO

Panelists: Anthony Martin, DO, David Williams, DO, Clif Knight, MD, and Jeremy Jones, DO

10:45 a.m. – Admissions Panel

Panelists: Amanda Selby, Ed.D., Valeri Brown, M.A., Anna Cruz, and Elizabeth Garrell

11:30 a.m. – DO Student Panel

Panelists: Paul Cooke, OMS-4, Matt Turton, OMS-4, Katie Geric, OMS-3, and Alyssa Ritter, OMS-3

Noon – Lunch with College of Osteopathic Medicine Representatives

Advisors are encouraged to select from breakout sessions 3 and 4 for the afternoon.

2023 Exhibitors

A.T. Still University College of Osteopathic Medicine | atsu.edu

American Association of Colleges of Osteopathic Medicine | aacom.org

Arkansas College of Osteopathic Medicine | arcom.achehealth.edu

Burrell College of Osteopathic Medicine | burrell.edu

Campbell University School of Osteopathic Medicine
medicine.campbell.edu

Des Moines University College of Osteopathic Medicine | dmu.edu/com

Edward Via College of Osteopathic Medicine | vcom.edu

Idaho College of Osteopathic Medicine | icom.edu

Kansas City University College of Osteopathic Medicine
kansascity.edu/com

Kansas College of Osteopathic Medicine | kansascom.kansashsc.org

Marian University College of Osteopathic Medicine | marian.edu/mucom

Midwestern University Chicago College of Osteopathic Medicine
midwestern.edu

New York Institute of Technology College of Osteopathic Medicine
nyit.edu/medicine

Ohio University Heritage College of Osteopathic Medicine
ohio.edu/medicine

Philadelphia College of Osteopathic Medicine | pcom.edu

Rowan-Virtua School of Osteopathic Medicine | som.rowan.edu

The Brem Method | bremmethod.com

United States Army | goarmy.com

marian.edu/heartland-premedical-conference