

Name _____
Student ID _____
Date _____

**Fall 2017 Secondary Education and Health & Physical Education Double Major
Sample Four Year Plan**

Freshman Year							
Fall Semester				Spring Semester			
Requirement Category	Course	Credit Hours	Minimum Grade*	Requirement Category	Course	Credit Hours	Minimum Grade*
General Education	FYS 110	3		General Education	GST/PSY/SOC	3	
General Education	COM 101	3	C	General Education	ENG 112	3	B-
General Education	Foreign Language	4		Major 1	ESS 152	1	C
Major 1	ESS 128	2	C	Major 1	ESS 155	1	C
Major 2	EDU 224	3	C	Major 2	EDU 255	3	C
Minor/Elective/GDC		1		Major 2	SPD 230	3	C
				Minor/Elective/GDC		3	
Semester Hours	16	Cumulative Hours		Semester Hours	17	Cumulative Hours 33	
Sophomore Year							
Fall Semester				Spring Semester			
Requirement Category	Course	Credit Hours	Minimum Grade*	Requirement Category	Course	Credit Hours	Minimum Grade*
General Education	HUM 210	3		General Education	ECN/HIS/POL	3	
General Education	Science with lab	4		General Education	Mathematics	3	
Major 1	ESS 151	1	C	General Education	THL 105	3	
Major 1	ESS 153	1	C	Major 1	ESS 265	3	C
Major 1	ESS 154	1	C	Major 2	EDU 318	3	C
Major 1	ESS 228	3	C	Minor/Elective/GDC		3	
Major 1	ESS 249	3	C				
Semester Hours	16	Cumulative Hours 49		Semester Hours	18	Cumulative Hours 67	
Junior Year							
Fall Semester				Spring Semester			
Requirement Category	Course	Credit Hours	Minimum Grade*	Requirement Category	Course	Credit Hours	Minimum Grade*
General Education	Second THL	3		Major 1	ESS 370	3	C
General Education	PHL 130	3		Major 1	ESS 420	3	C
Major 1	ESS 269	3	C	Major 1	ESS 453	3	C
Major 1	ESS 363	3	C	Major 2	PSY 365	3	C
Minor/Elective/GDC		3		Major 2	EDU 351	3	C
Minor/Elective/GDC		1		Major 2	EDU 453	3	C
Semester Hours	16	Cumulative Hours 83		Semester Hours	18	Cumulative Hours 101	
Senior Year							
Fall Semester				Spring Semester			
Requirement Category	Course	Credit Hours	Minimum Grade*	Requirement Category	Course	Credit Hours	Minimum Grade*
Major 1	ESS 410	3	C	Major 2	EDU 473	9	S
Major 2	EDU 446	3	C	Major 2	EDU 491	3	C
Major 2	EDU 447	3	C				
Minor/Elective/GDC		3					
Minor/Elective/GDC		3					
Semester Hours	15	Cumulative Hours 116		Semester Hours	12	Cumulative Hours 128	

*A minimum 2.0 cumulative GPA and a minimum 2.5 GPA in Major 1 AND Major 2 are required for completion of the program. Monitor your GPA closely. To meet degree requirements, some disciplines require higher grades in each course or a higher cumulative GPA. Additional requirements must be met for teacher licensure.

This four-year plan is only a sample and will vary by student and course availability.

Name _____

Student ID _____

Date _____

GENERAL EDUCATION

I. Foundational Intellectual Skills (12-13 hours)

- ___ FYS110 First Year Seminar
- ___ ENG112 Writing, Research, Genre & Context
- ___ COM101 Public Speaking
- ___ Mathematics

II. Knowledge Acquisition (19-20 hours)

- ___ Science 1XX with lab
- ___ HUM210 Humanities Survey Course
- ___ PHL 130 Human Nature & Person
- ___ Foreign Language

One course from each group A and B:

Group A

- ___ ECN200 Introductory Economics
- ___ HIS102 History of the Modern World
- ___ POL102 Introduction to American Politics

Group B

- ___ PSY101 General Psychology
- ___ PSY220 Human Growth and Development
- ___ GST200 Introduction to Gender Studies
- ___ SOC101 Introduction to Sociology
- ___ SOC175 Introduction to Anthropology

III. Faith, Ethics, and Foundation (6 hours)

- ___ THL105 Introduction to Theology
- ___ Second Approved THL

IV. Greater Depth Cluster

- a. Completion of a minor or second major outside school (or department if College of Arts & Sciences)
- b. Completion of an interdisciplinary minor or concentration outside the first major. See catalog for approved programs.
- c. Focus on a specific theme (cluster) outside the major. See catalog for cluster course areas

Total Earned General Education Hours _____

HEALTH AND PHYSICAL EDUCATION REQUIREMENTS (35 hours): For the B.S., an additional 25 credits in courses from business, exercise and sport studies (excluding HPE), mathematics, psychology, or science are also required. For students double majoring in secondary education or education (P-12), EDU 491 will replace ESS 490. For retention in the teacher education programs, students must earn and maintain an overall 2.50 cumulative GPA, a 2.50 cumulative GPA in all courses required for the major, and meet other performance expectations.

Required Courses:

___ ESS 128 Foundations of Physical Education and Sport	3
___ ESS 151 Instructional Methods in Tennis and Golf	1
___ ESS 152 Instructional Methods in Volleyball	1
___ ESS 153 Instructional Methods in Football and Soccer	1
___ ESS 154 Instructional Methods in Lifetime Fitness	1
___ ESS 155 Instructional Methods in Strength and Conditioning	1
___ ESS 228 Movement and Rhythmic Activities	2
___ ESS 249 School Health Education	3
___ ESS 265 Structural Anatomy	3
___ ESS 269 Physical Activities for the Elementary Grades	3
___ ESS 363 Adaptive Physical Education	3
___ ESS 370 Personal and Community Health and Safety	3
___ ESS 410 Organization and Administration	3
___ ESS 420 Tests and Measurements in Physical Education	3
___ ESS 453 Essentials of Exercise Science for HPE	3
___ ESS 490 Senior Seminar in ESS – Replaced by EDU 491 for secondary education	3

Total Earned Exercise Science Major Hours _____

SECONDARY EDUCATION MAJOR REQUIREMENTS (39 hours, including Clinical Internship and PSY 365)

___ EDU 224 Protocols for Effective Classroom Obsv.	3
___ EDU 255 Intro. to Secondary Schools & Society	3
___ EDU 318 English Learners & Diversity in Inclusive Classrooms	3
___ EDU 351 Reading & Writing in the Content Areas	3
___ EDU 446 Creating Positive Classroom Environments	3
___ EDU 447 Assessment for Learning	3
___ EDU 453 Teaching in the Middle Schools	3
___ EDU 473 Clinical Internship	9
___ EDU 491 Clinical Internship Senior Seminar	3
___ PSY 365 Psychology of Adolescence	3
___ SPD 230 Introduction to Special Education	3

Total Earned Secondary Education Hours _____

TOTAL OVERALL EARNED HOURS _____