



**MARIAN UNIVERSITY**  
— Indianapolis —<sup>®</sup>  
Office of Graduate and Online Admission

**This is how  
great counselors  
are made.**

# Counseling

## MASTER OF SCIENCE

The master's degree in counseling prepares mental health professionals who help children, teens, adults, and families manage and overcome challenges.

With an innovative, competency-based curriculum rooted in the scientist-practitioner training model, we take a holistic approach to mental health that integrates mind, body, and spirit. When you complete this degree, you'll have the tools needed to conduct evidence-based individual and group psychotherapy.

Depending on your goals and desired practice settings, we offer two tracks:

- Clinical mental health counseling
- School counseling

Whether you complete one or both tracks, you'll experience a curriculum that builds your competency in core concepts identified by the Council for Accreditation of Counseling & Related Educational Programs (CACREP) and the Master's in Psychology and Counseling Accreditation Council (MPCAC):



1. Professional counseling orientation and ethical practice
2. Social and cultural diversity
3. Human growth and development
4. Career development
5. Counseling and helping relationships
6. Group counseling and promoting social skills
7. Assessment and testing
8. Research and program evaluation

Both tracks are two-year, full-time programs delivered on campus. Part-time students may be considered in some circumstances.

### Clinical Mental Health Counseling

Marian University's clinical mental health counseling degree is designed for students who want a broader curriculum in applied psychology with a goal of conducting evidence-based assessment and treatment of people with mental health concerns.

Courses in this 60-credit program will give you the knowledge and tools to conduct clinical interventions with diverse groups of clients of all ages. You will explore methods, techniques, and best practices for helping clients. In addition, you'll complete 1,000 hours of supervised practicum and internship experiences.

Upon graduation and completion of the state-required 3,000 hours of post-graduate clinical experience, you'll be ready to apply for Licensed Mental Health Counselor (LMHC) credentials in Indiana. As a LMHC, you can:

- Practice in a range of settings and seek employment with nonprofit organizations, social service agencies, hospitals, inpatient and outpatient facilities, community clinics, and private practices.
- Assess and diagnose clients with a wide range of mental health concerns.

- Implement evidence-based treatments to guide clients to improved psychosocial wellness.
- Know when and how to help clients obtain resources and services for improved quality of life, identify signs of abuse, and recognize those at risk for harming themselves or others.
- Establish a professional identity as a master's-level scientist-practitioner.

➔ [marian.edu/mentalhealthcounseling](https://marian.edu/mentalhealthcounseling)

### Admission Requirements

No matter which counseling track you might choose, our admission requirements include:

- Bachelor's degree from regionally accredited institution
- Undergraduate GPA of at least 3.00
- Graduate Record Examination (GRE) score of 150 verbal, 145 quantitative, and a four or higher in analytical writing preferred
- Completion of undergraduate courses in lifespan development, abnormal psychology and statistics or research methods

THE EMPLOYMENT OUTLOOK FOR LICENSED MENTAL HEALTH COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS IS VERY STRONG. A PROJECTED 19 PERCENT GROWTH IN JOBS IS ANTICIPATED THROUGH 2024. (Source: United States Department of Labor, Bureau of Labor Statistics.)

“Marian University’s mental health counseling program gives me hands-on experience, so I’m confident I’ll be well-prepared to help my clients when I graduate. The faculty and values-based curriculum are giving me the academic knowledge I need to grow personally and professionally—and to be successful in the mental health field.”

**JAMIE CATTON**



## FIRST YEAR

### Fall

Counseling Skills and Techniques  
Group Counseling  
Professional Role of Mental Health Counselors  
Ethical and Legal Issues

### Spring

Statistics and Research Methods  
Theories/Models of Counseling  
Psychopathology  
Mental Health Counseling Practicum

### Summer

Career and Lifestyle Counseling  
Multicultural Counseling

**CREDITS: 30**

## SECOND YEAR

### Fall

Advanced Human Growth/Development  
Applied Neuroscience  
Addiction Counseling  
Internship in Mental Health Counseling

### Spring

Assessment and Program Evaluation  
Counseling Children and Adolescents OR Marriage and Family Counseling  
Psychopharmacology  
Internship in Mental Health Counseling

### Summer

Counseling and Spirituality  
Advanced Internship in Mental Health Counseling

**CREDITS: 30**  
**TOTAL MS CREDITS: 60**

## School Counseling

Licensed school counselors work with children and teens in public and private K-12 school settings. They help elementary and secondary students build required skills for academic and social success.

School counselors meet with students individually for one-on-one sessions. They lead group sessions for students experiencing similar challenges or barriers to success. They also create and deliver special programs or curriculum about topics that can impact all youth, like abuse, divorce, bullying, drugs and alcohol, suicide, and family issues.

Our 48-credit curriculum includes a range of required courses on relevant topics identified in the CACREP core competencies. It also includes 700 hours of supervised practicum/internship experience. Upon graduation, you will be prepared to:

- Pursue initial K-12 school counseling licensure through the Indiana Department of Education.
- Successfully complete Indiana’s CORE Assessments for Educators.
- Apply Indiana’s Rules for Educator Preparation and Accountability (REPA) standards.

For students who want to complete the clinical mental health counseling track in addition to the school counseling track, an additional 15 hours of coursework is required.

➔ [marian.edu/schoolcounseling](https://marian.edu/schoolcounseling)

# Find out what we're made of.

If you are ready to take your education and your career to the next level, contact us. Marian University offers challenging academic programs, but our faculty will support, guide, and encourage you every step of the way.

Marian students engage in high-impact, hands-on learning opportunities, including internships and collaborative problem-solving with their peers, faculty, alumni, and leaders from the local community. When you graduate, you'll be career-ready with the knowledge and leadership abilities you need to make a difference in your community.

Visit our historic, wooded campus located just minutes from the heart of downtown Indianapolis. Whether you're interested in an online degree or a graduate degree, we'll arrange for you to talk with advisors who will help you get started.



# Choose a university that helps you take your career to the next level.

As the only Catholic university in Indianapolis, Marian University welcomes students from all faiths, creeds, and nationalities. We value those with diverse perspectives, cultural backgrounds, and dreams who want to make the world a better place through leadership and service—because that's what we are made of.

Marian University's College of Graduate and Online Programs offers a range of associate's, bachelor's, master's, and doctoral degrees for students seeking to develop exceptional professional and leadership skills.

As you think about the education you need to take your career to the next level, think about the student experience you need to grow, both personally and professionally.

Think about a university where you'll learn from and collaborate with instructors who provide you with valuable, real-world experience and insights. Think about a campus culture that is warm and welcoming. And the type of graduate or online program that's a good fit for your lifestyle and career goals.



- At Marian University, you're never alone. Our expert faculty guide and encourage you to stretch yourself and achieve more than you ever thought possible.
- Earning a degree at Marian isn't easy. You'll find a curriculum that is academically challenging. You'll explore new ideas, work hard, and think critically.
- Along the way, you'll build lifelong relationships with mentors and peers who inspire you to reach new levels of professionalism—and you'll learn how you can make a positive impact in your workplace and community.



To talk with an admission counselor, email [GRadmissions@marian.edu](mailto:GRadmissions@marian.edu) or call 317.955.6128. Let's discuss your career goals, academic options, and develop a plan to make your dreams a reality.

If you know you are ready to take the next step, apply online for admission at [marian.edu/applynow](https://marian.edu/applynow).



# Learn more about our graduate and online programs.

## ASSOCIATE DEGREES

Business Administration \*  
Paralegal Studies \*

## BACHELOR'S DEGREES

Accelerated Nursing Campus  
Accelerated Nursing Online –  
St. Thomas in Nashville ^  
Accelerated Nursing Online –  
St. Vincent in Indianapolis ^  
Business Administration \*  
Health and Human Services \*  
RN to BSN \*

\* Online program  
^ Hybrid program

## MASTER'S DEGREES

Biomedical Sciences –  
Medical/Professional  
Biomedical Sciences – Research  
Bridge to Teaching  
Counseling – Clinical  
Mental Health  
Counseling – School  
Educational  
Leadership – Catholic ^  
Educational Leadership ^  
MAT Online \*  
Nursing – Education  
Pastoral Ministry  
Special Education

## DOCTORAL DEGREES

Nursing Practice –  
Family Nurse Practitioner  
Nursing Practice –  
Nurse Anesthesia  
Osteopathic Medicine

## LICENSURE PROGRAMS

Building Level Administrators ^  
Special Education Prep \*  
Transition to Teaching  
Transition to Teaching Online \*

## NON-DEGREE COURSES

Non-Degree Classes – Graduate  
Nursing  
Prerequisites – Undergraduate

## PARTNER PROGRAMS

Indianapolis Public Schools  
Teach For America  
The New Teacher Project

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Indianapolis

Office of Graduate and Online Admission  
3200 Cold Spring Road  
Indianapolis, IN 46222-1997

**Contact us:** GRadmissions@marian.edu or 317.955.6128

**Apply online:** [marian.edu/applynow](http://marian.edu/applynow)



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Marian University is sponsored by the Sisters of St. Francis, Oldenburg, Indiana.

*Marian University does not discriminate on the basis of race, ethnicity, color, sex, gender, sexual orientation, religion, creed, national origin, age, or disabilities in the recruiting and selection of students for admission.*