

EDUCATION

Marian University

Bachelor of Science in Exercise Science, Minor in Psychology

Indianapolis, IN

May 2017

- Honors: 3X Dean's List, 4-Year Scholar Baller

RELATED EXPERIENCE

Marian University

Assistant Strength and Conditioning Coach Intern

Indianapolis, IN

May 2017 – Present

- Assist in the design, preparation, and installation of sport specific exercise programs for all athletic teams
- Oversee the development and safety of groups of up to 50 during training sessions

Indiana Institute for Prosthetics

Observational Intern

Zionsville, IN

May – July 2016

- Observed Matthew Habecker (CPO) and Jerry Smith (Technician)
- Learned anatomical terminology and simple techniques related to basic assembly, manipulation, and adjustments of prosthetic devices
- Viewed various methods and general processes of fitting, designing, fabricating and refining prosthetic apparatuses

Rehabilitation Hospital of Indiana Sports Program: Addy King

AmeriCorps Member

Indianapolis, IN

May – July 2015

- Served as a contributor to Project IHTI: Improving Health Throughout Indiana
- Provided competitive and non-competitive athletic opportunities to individuals with physical disabilities to enhance quality of life
- Promoted physical fitness, introduced recreational and wheelchair sports and challenged participants to perform at a competitive level
- Created, hosted, and organized adaptive sports clinics, tournaments, activities, and fundraisers, such as adaptive water skiing, horseback riding, volleyball, basketball, tennis, etc.

Hometown Paralympic Games

Creator

Brownsburg, IN

April 2013

- Created, organized, and hosted the first ever Paralympic Track and Field Day for Brownsburg High School
- Collaborated with Matthew Habecker (CPO) for senior project

Wounded Warrior Project (WWP)

Volunteer

Indianapolis, IN

January 2012

- Volunteered at the WWP versus NFL all-stars flag football game at Super Bowl XLVI
- Utilized hands-on skills by acting as the barrier protectors for the adaptive athletes that could not stop their momentum when participating

VOLUNTEER EXPERIENCE

Special Olympics Combine

Volunteer

Indianapolis, IN

February 2016

- Instructed and directed a dynamic warm up for the athletes at the Indianapolis Colts Practice Complex
- Recorded and presented data from specific events
- Communicated, encouraged, and motivated over 100 athletes in an array of events testing different athletic skills

ATHLETICS

Marian University Football Team

Indianapolis, IN

- 2015 NAIA National Champions, 2014 NAIA National Runners-Up,
- All-MSFA 2nd Team '15 '16
- Team Captain 2016

August 2013 – December 2016

Marian University Track and Field Team

Indianapolis, IN

- NAIA National Qualifier 60meter Hurdles '15 '16
- Crossroads League Champions '14 '15 '16 '17

January 2014 – May 2017