MARIAN UNIVERSITY

THIS IS WHAT WE'RE MADE OF

Academic Athletic Success



- Academic Athletic Success Coach
- Expectations
- Being a Student-Athlete at Marian
 - Sample Schedule
- Eligibility
- Academic and Athletic Resources



Academic Athletic Success Coach

- Success Coaching
 - Meet weekly or biweekly
 - Study skills, time management, progress reports
- Connecting Student Athletes to Campus Resources
- Life Skills (email etiquette, self-advocacy, etc.)
- Concussions/Injuries
- SPARK Alert

Expectations as an Marian Athlete

- GO TO CLASS!
- **RESPONSIBILITY**!
- COMMUNICATION!
 - Professors, coaches, meeting cancelations or changes
- ACADEMICS COME FIRST!
 - Excused: official university events
 - Unexcused: practice, lifting, individual Workouts



Being a Student-Athlete at Marian

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
6:00	Morning Lift	Morning Run	Morning Lift	Morning Run	Morning Lift		
7:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:00	Class	Work	Class		Class		
9:00	Class	Work	Class		Class		
10:00		Class		Class			
11:00	Lunch	Lunch	Lunch	Lunch	Lunch	Practice	Practice
12:00	Class		Class		Class	Practice	Practice
1:00		Class	Individual workout	Class	Work	Practice	Practice
2:00					Work		
3:00	Practice	Practice	Practice	Practice	Practice		
4:00	Practice	Practice	Practice	Practice	Practice		
5:00	Practice	Practice	Practice	Practice	Practice		
6:00	Dinner	Dinner	Dinner	Dinner	Dinner		
7:00	Study Tables	Work	Work	Study tables			
8:00	Study Tables	Work	Work	Study Tables			
9:00		Work					
10:00							



Eligibility Basics

- 1. May compete during his/her first 10 semesters/15 quarters only
- 2. Must meet freshman and/or continuing eligibility requirements
- 3. Must be enrolled in at least 12 credit hours
- 4. Must be making normal progress toward a baccalaureate degree
- 5. Must have a 2.0 GPA on a 4.0 scale (for juniors and seniors, athletically or academically)
- 6. Must meet transfer eligibility requirements (if applicable)
- 7. May compete during four seasons only

*NAIA Basics of Eligibility



Academic and Athletic Resources

- Academic:
 - Tutoring
 - Supplemental Instruction
 - Success Coaching
 - Writing Center
 - Communication Center
- Athletic:
 - Coaches
 - Athletic Office
 - Athletic Study Tables



Contact Info

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