



RUTH LILLY
HEALTH
EDUCATION CENTER

in partnership with Peyton Manning Children's Hospital

Program Feature: Stepping Toward Peace

"She did an excellent job interacting with students and making concepts visual, interactive, and applicable to their lives."

"This program was very age appropriate. The students were engaged and able to participate because of the level of vocabulary and pace of the program. The presenter was knowledgeable, extremely prepared and energetic."

"Thank you! The program supported the ideas we teach and share in our school and our class."

The Ruth Lilly Health Education Center at Marian University has seen a dramatic increase in reservations for Stepping Toward Peace, targeting our third grade IPS and Martinsville students. This program identifies the link between healthy choices and being healthy, and suggests several non-violent strategies to manage conflict and resolve it peacefully. Students are also engaged in a discussion relating to the causes of stress utilizing balloons, and practice relieving their stress in a healthy way.

The class format begins with a pair of students wearing huge aprons, adding pieces to each apron building either a peaceful pizza or a conflict club sandwich.

Students have several opportunities to reinforce conflict resolution skills by participating in role plays to practice what they have learned. Students learn they have choices about behaviors that can positively affect their environment. *South Elementary teacher Vonda Whitney commented "I loved the content and feel. It is very important to teach and model especially in a school setting."*

Since August, 1,436 students have participated in the Stepping Towards Peace program. Forty schools have been scheduled so far this year, and by June 2,385 students will have participated in Stepping Towards Peace.

