



## RUTH LILLY HEALTH EDUCATION CENTER

in partnership with Peyton Manning Children's Hospital

### **Program Feature: Life Begins**

***“Our instructor did a wonderful job. She was very knowledgeable and she made the kids feel comfortable discussing what are sometimes uncomfortable things.”***

*Amy Bruges, St Pius X*

***“Great Presenter! Students responded well because of her maturity of presentation delivery and sense of humor. Kept the students engaged.”***

*Holly Graziano, Orchard Park Elementary*

***“Loved the student involvement, they were immediately at ease with her, instruction of content was superb - probably the best I've seen in my 11 years of teaching, student interaction with remotes was awesome!***

*Ashley Schenck, Mt. Comfort Elementary*

***“This program does a fantastic job of explaining reproduction in a way that is appropriate and engaging to our students.”***

*Mitch Stefton, Greensburg Elementary*

One of the most popular and requested programs the Ruth Lilly Health Education Center presents is Life Begins, which targets fifth and sixth grade students and their changes through puberty. The program includes an overview of the male and female reproductive systems, fertilization, along with the stages of pregnancy. Also included in the program is a review of all body systems, and how their body grows and changes during puberty.

Activities included in the program include changes during puberty to both males and females, along with students utilizing response system technology to follow up questions from the Life Begins video.

Students' questions are always interesting, and our instructors are eagerly challenged with giving age appropriate responses.

Life Begins program concludes with the labor and delivery of baby “Fred” with students brainstorming ideas what the baby will need when he joins his family.

The Life Begins program reached 5780 students, 195 classes at 85 schools this year. The program engaged students in Marion, Hamilton, Brown, Montgomery, Dubois, Hancock, Henry, Ripley, Owen, Morgan, Johnson, Rush, Fayette, Shelby, Decatur, and Delaware county schools, along with several local private and parochial schools.

