

## **Fall 2019 Special Topic Course Descriptions**

### **ENG-380-MM01 Seminar in African American Literature (3 credits)**

This course on African American Literature provides a lens into African American life, culture, and remnants of the African Diaspora. Students will have the ability to critically think about a text, integrate the knowledge learned in this course to cultivate empathy, and have a better understanding of society and cultures that are outside of what they already know.

### **ESS-280-MM01 Integrative Health and Wellness (2 credits)**

Prerequisite: ESS-120. An examination of the use of specific integrative and alternative interventions based on evidence-based research to help student apply this knowledge while educating clients in making wellness decisions. Historical, theoretical, practical and present integrative health care practices and the effects of these practices on health, fitness and wellness of body, mind and spirit in acute and chronic conditions are investigated.

### **SOC/SWK-380-MM01 Greif and Loss (3 credits)**

The course is designed as an advanced clinical skills elective for social work and other graduate students who wish to increase their knowledge and skills in working with individuals and families who experience grief and loss. This is not a “death and dying” course, for the losses clients encounter might include; chronic illnesses experienced by oneself or a significant other, aging, divorce, the loss of work, moving to a new town, children moving out of the house, or the loss of meaning in one’s life. The primary goal of this course is to equip students entering the helping professions with the tools required to assist clients deal with loss, bereavement and mourning. Students will study evidenced-based applications of theory to practice with identified at-risk populations. Special vulnerabilities and ethical concerns for at-risk populations will be examined.